**GUESTIONNAIRE (Eating habits)**

By **Maria Sardeli and Maria Perikou**

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| **What do you eat for breakfast?** | **Girls**(36) | **Boys**(40) |
| Nothing | 3 | 3 |
| Fruits | 1 | 1 |
| Milk and toast | 16 | 20 |
| Something else | 16 | 16 |

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| **How often do you eat vegetables in the week?** | **Girls**(36) | **Boys**(40) |
| Once a week | 3 | 11 |
| Twice a week | 11 | 10 |
| Never | 2 | 3 |
| More times than two | 20 | 16 |

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| **How often do you eat unhealthy food?** | **Girls**(36) | **Boys**(40) |
| Always | 0 | 5 |
| Sometimes | 24 | 25 |
| Never | 0 | 2 |
| Often | 12 | 8 |