

A3 class students Maria Perikou and Maria Sardeli, carried out a survey among A class students concerning their eating habits. Click [here](#) to see the students' answers in charts.

Here is what Maria Perikou and Maria Sardeli concluded after their survey:

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Most of the girls in the first class of our school eat milk and toast or something else for breakfast. Also, some girls eat fruits but some others girls don't eat anything. I don't think that this is very good for them as it is bad for their health. Moreover, a big part of them eats vegetables more than twice a week. Finally, girls eat less unhealthy food than boys. Most boys in our school have milk and toast, too. In addition to this, they eat vegetables once a week. In my opinion, I believe that boys eat more unhealthy food than girls. Furthermore, I feel that parents play a big part in their child's eating habits. What children eat is up to their parents.